# ROSS SHEPPARD HIGH SCHOOL

### PRINCIPAL'S MESSAGE

Greetings Ross Sheppard High School community. Our second semester has definitely been filled with many activities, as well as some rigorous classroom progressions. One thing we continue to try and message is the power of kindness that impacts all.

Semester one finished in January with assessments that were closely aligned to those we had prior to Covid. It was an amazing finish where students and staff worked diligently to the end. "Kindness is helping the world, one person at a time."



### EDMONTON PUBLIC SCHOOLS

Superintendent: Darrel Robertson

Assistant Superintendent: Kent Pharis

School Trustee: Marcia Hole



Rick Stanley PRINCIPAL



We celebrated the Lunar New Year on January 31<sup>st</sup>, with some traditional dancing and food gifted to us by our Asian Alliance Committee. One of my favourite quotes for you to reflect on is "Let the Lunar New Year inspire you to embrace a fresh start".



We began February with Black History Month featuring our first opening ceremonies for the

event. Hosting the Melisizwe Brothers on February 10<sup>th</sup> was one of the many highlights of our month long celebration. We are proud to say that this is the second year of our Black Student Alliance, with student members taking on a leadership role to support many educational and social understandings in today's world.

Semester two had a busy start, with full classes and the welcoming of new staff.

This year, Pink Shirt Day was held on February 22<sup>nd</sup>. Recognized worldwide since it began in 2007, Pink Shirt Day is an opportunity to promote healthy relationships, respect diversity and take a stand against bullying. We all share a responsibility to understand how bullying negatively impacts individuals, families and organizations, and how to be an active bystander when we witness bullying.

The beginning of March showcased our Open House. What a great event it was, featuring so many positive interactions for our return to in-person promotion. Thank you to our staff and student volunteers for putting on a fabulous show. Congratulations to Ms. Fullylove for leading everyone in a direction that promoted our school in such a positive light.



March also kicked off our registration process, which concluded on April 14<sup>th</sup>. We are looking forward to Ross Sheppard High School's continuing success, as we will be full once again in September of 2023 with just under 2300 students projected to be enrolled.

Congratulations to the following students for their invitation to participate in the Division's annual "Night of Music" event: Nick Vergara, Adrian Zall, Zoe Yee, Atley Draudson, Caleb Hunt and Patrick Graham. This event took place on March 1<sup>st</sup> at the Jubilee Auditorium with the theme of 'Imagine, Explore, Create'. It was the first in-person Night of Music event in a couple of years, so very exciting for all involved.

After a month of charitable work, dedicated Shep students from Exploration Youth contributed hygiene products to the Elizabeth Fry Society. Mr. Stephens and I were able to support these students by helping them pick up and deliver supplies that were donated to the society from other schools.

> I was able to attend the 14<sup>th</sup> Annual Edmonton Chinese Bilingual Education Association Awards in mid March at City Hall. It was an amazing afternoon that really

showcased incredible dedication and success. Ross Sheppard High School has a lot to be proud of, as we had 35 students and alumni receive awards for their commitment to excellence.

Sofia Sejutee was Ross Sheppard's nominated candidate for the Michael Strembitsky Award. I had the privilege of writing a reference letter for her, and I was humbled by the accomplishments

and achievements that Sofia has achieved. Sofia is a true leader at Ross Sheppard High School where she is involved in many activities. In particular, she sits on the 'Speak Up Shep' Advisory Council through which decisions for the school are made with student voice.

Spring Break was welcomed by all at the end of March. It was a time where students, staff and families had a chance to regenerate for the week. Whether it was enjoyed afar or nearby, it gave everyone a nice break in the middle of the second semester.

Mid-April brings closure to student teaching practicums for our pre-service teachers, and we had a large cohort at Shep this round. They did a fabulous job and now look forward to next steps in their careers. Thank you to our staff for mentoring these individuals and special thanks to Mrs. Macdonald for her leadership in this area.

During the last week in April, we will transition to assessments for some of our programs. IB exams begin and will continue into May. Most exams are being held at the Languages Centre at Woodcroft

School, so they should not greatly impact bells or announcements. The IB program is one of our major programs serving as the backbone of Shep's academic success over the years. Thank you to Mrs. Gross for her IB leadership.

The end of April brings us much joy as we prepare for the

reopening of the Mamawatowin, "gathering place", gardens. Hoping that the weather leans in a direction for outdoor pursuits soon.

We remind our families that student interim reports are uploaded each month for regular monitoring of your child's progress. The remaining upload dates for the school year are as follows: April 14<sup>th</sup>, May 12<sup>th</sup> and June 15<sup>th</sup>. Virtual Parent-Teacher Conferences will be held on April 20<sup>th</sup> and formal progress reports will be released June 29<sup>th</sup>.

We encourage all families to get in touch with the school if there are any challenges or communication needs.

Lots of congratulations goes out to our staff who are either leaving for maternity leave or have returned from their leave in the past couple of months. We welcome spring as a regeneration of looking into the future for staffing positions in the fall. It's a time where staff start to think about their succession for the following year or years to come.

LEADERSHEP · MENTORSHEP · RELATIONSHEP · SCHOLARSHEP







### ENGLISH

The second term is rolling right along in the English department. We have welcomed two advanced practicum pre-service teachers who are working with a number of our classes, adding a great deal of enthusiasm.

April is Poetry Month, and in our Creative Writing elective, students are preparing to paper Shep with poetry. The school will be full of amazing poetry by our talented writers.

Our IB students have completed their IB oral exams and are preparing for their final IB exams. They have been working hard to get to the IB finish line.

The hallways have been full of students working on projects and preparing for in-class presentations on poetry and Shakespeare.

Ms. Kidd transformed her classroom into a survival camp to introduce the novel *The Marrow Thieves*.

Spring Break is a great time for reading, so check out the YA books list on <u>Sora</u> to grab a good book.

### MATHEMATICS

When the second semester starts, it is the season for Math contests. Thus far, we have written the first of several. Grade 10 and 11 students wrote the CEMC's, Cayley and Fermat contests. Our turn out has been a bit less than expected, but as with all things, there are ebbs and flows. It's similar to a vertically translated sine curve when you think about it.

The season is just beginning though. Our big team competition is coming up on April 13<sup>th</sup>. Although we have a smaller Shep contingent this year, the overall size of the competition has continued to grow. Additionally, word has gotten out to schools beyond the borders of Edmonton and

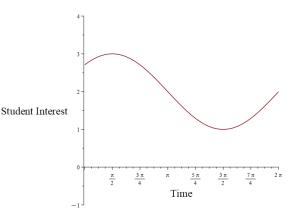
we may have students participating from outside the Division next year. It just continues to grow and grow!

Closer to home, this semester has been one of new beginnings for us. Shep is now offering a course designed to help students transition into the -2 Math stream. We have adapted Math 10C to try and support students with gaps in their learning as a result of the pandemic. We are optimistic about the impact it will have on student success.

Let's leave you with a couple of questions to ponder:

• The positive divisors of 6 are 1, 2, 3, 6. What is the sum of the positive divisors of 1184?

• If x and y are positive real numbers with 
$$\frac{1}{x+y} = \frac{1}{x} - \frac{1}{y}$$
, what is the value of  $\left(\frac{x}{y} + \frac{y}{x}\right)^2$ ?





### SOCIAL STUDIES

#### Social Studies Model United Nations Debate 2023

It was an exciting return to in-person debating at this year's Model U.N. Debate! Ross Sheppard was well represented with 30 keen individuals from Grades 10, 11 and 12. This year's debate had over 500 participants from Edmonton high schools, as well as schools from outside the city. The event took place at the University of Alberta over three days from February 23<sup>rd</sup>-25<sup>th</sup>. Students get to immerse themselves in the world of international diplomacy, discussion and disagreements. In addition to the debate, students get to enjoy a banquet, keynote speakers and a dance.



Two of our students won awards for their outstanding work.

- Aiden Hopwood for Best Delegate in his committee
- Mariam Agyemang for Best Press Delegate

Great fun was had by all! Ms. Filan and Mr. Johnston would like to sincerely thank all our awesome participants for this year's debate. It was a very WE ARE SHEP moment!

### SCIENCE

In the fall, Mrs. Littlejohn and her Biology students incubated and hatched baby chicks. Eggs were placed in an incubator and monitored during their 3-week incubation. Students got to candle the eggs to look inside and see the development of the chicks at various stages. This linked well with Biology 30 classes and discussion about embryonic development.

Four of the eggs hatched and Mrs. Littlejohn's classes helped name the chicks. The black and white chick was named Oreo, while the two yellow chicks were named Nugget and Peep. The smallest chick, with the "fancy hair-do" was named Crispy. Students throughout the school stopped in to see and hold the baby chicks. Mr. Branco and Ms. Letcher's CLS class came to spend time with the chicks as well. After a week of snuggles with Ross Sheppard students, the chicks were returned to the egg farm that the eggs originally came from.



### **GLOBAL LANGUAGES**

#### French Immersion

#### Bonjour tout le monde!

What an exciting start to the semester for our French Immersion students! We kicked off the month of February with our Journée Francofun, where students had a few cultural workshops and activities in the morning, followed by a visit to le quartier francophone. Students had the chance to visit La Cité Francophone, Campus St. Jean, as well as the site of the Flying Canoe Festival.

We are grateful to all of our Grade 9 families thinking about coming to Shep next year, as we welcomed a full house during our FIM Night that was also held in February. We hope to see many familiar faces in our building next year!

Finally, March is Le Mois de la Francophonie and celebrates Francophone heritage and Francophiles alike! Students in FLA 20 had the chance to research



different Francophone countries around the world and present to their peers. Students also had a chance to showcase their work during our Open House in March.

#### Merci et bonne journée!

#### Chinese Bilingual Program & Chinese Language and Culture

January is a busy month for students in the Chinese program. Our Asian Alliance Club organized a Lunar New Year celebration. Students decorated hallways with red lanterns and posters. They also held a cultural celebration on January 31<sup>st</sup> during lunch time, presenting excellent cultural entertainment and providing their audience with freshly made spring rolls. Our Chinese Lion Dance, Chinese Dance and Chinese Yo-Yo teams performed at many city malls for the Chinese New Year celebrations.



### **FINE ARTS**

#### Drama 10

Drama 10 students enjoyed working on developing their skills in movement and speech alongside Karina Krcek, a student teacher from the University of Alberta. In their movement exploration, students were excited to create their own clown characters, as well as explore exciting themes in their tableau scenes. In their speech unit, students worked on a choral storytelling presentation of selected poems from *Tea and Bannock Stories: First Nations Community of Poetic Voices*. The class has worked extremely well together; excelling in areas such as trust, impulse and creativity. Through their project-based work, students have learned invaluable skills such as teamwork, navigating group dynamics and time management.



#### Drama 20/30

Drama 20/30 students completed an exciting playwriting unit with the #writesofpassage program from Workshop West Playwrights' Theatre. It was led by Josh Languedoc, a local Indigenous playwright and education coordinator at Workshop West. At the end of the workshop, students had the unique opportunity to workshop their original scripts with two professional actors. One of these actors is a Ross Sheppard graduate, Moses Kouyate, who recently completed their Bachelor of Fine Arts in Theatre at the University of Alberta. Staff may remember Moses playing The Lion in Shep's production of *The Wiz* in 2016. Student directors, playwrights, technicians and actors will now work towards staging their original plays for Shep Fest, our One Act Festival.



#### Improvisation 15/25/35

The Improvisation class had a busy month of competitions! They competed in the Rapid Fire Theatre Nosebowl and the Canadian Improv Games! Our incredible team made it to the finals in the Alberta Regional Canadian Improv Games. During the event, they had to create four spontaneous scenes in the following categories: Theme, Life, Story and Character. They placed 5<sup>th</sup> overall and represented Ross Shep with style, class and some hilarious improvised scenes! One highlight was Mya Wong winning the Joe Vanderhelm improv scholarship for her leadership on the team. Congratulations to the Shep Improv team!



### FINE ARTS (CONTINUED)

#### Musical and Technical Theatre

The Musical and Technical Theatre class is thrilled to announce that *Mamma Mia*! will open on May 17<sup>th</sup> and run until May 20<sup>th</sup> in the Ross Sheppard Performing Arts Theatre. The cast and crew are enjoying a full dose of ABBA fever as they explore the iconic songs, story and beautiful Greek setting in this joyous, foot-tapping musical! The cast entertained prospective students and families at Shep's Open House with a sneak peak of *Mamma Mia*!



### **INCLUSIVE LEARNING**

#### Community Learning Skills (CLS)

February had the CLS students on the road again. We started with our monthly visit to the IMAX to see *Super Power Dogs*, which was a real crowd-pleaser. Then, we met up with our McNally friends at Bonnie Doon Bowling - a great trip for everyone! Students enjoyed a game and movie day, and ended the month sharing their talents in our annual CLS Talent Show. Our CLS students continue to enjoy visits to the fitness centre and the wrestling room. Academic work has included map work in Social Studies, animal studies in Science, reading opportunities, as well as spelling practice.



Mathletics has quickly become a welcome addition to our learning and computers is still a favourite activity.





#### Transitions to Adulthood Event

Ross Sheppard School hosted a Transition to Adulthood evening for students with disabilities on March 9<sup>th</sup>.

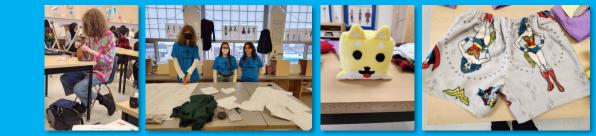
The event was the first of its kind at the school and 18 organizations attended with the intention of supporting Ross Sheppard's Community Learning Skills, Interactions, and Knowledge and Employability students. Organizations at the event included Persons with Developmental Disabilities (PDD), AdaptAbilities, EmployAbilities, Gateway Association, Autism Edmonton, NorQuest College and many more. All were eager to come together to support students of all ages and, in particular, give clarity to the supports in place when students leave school.

We realized many families could benefit from the event and invited as many as we could. In total, 150 families with students from across the Division were welcomed and provided with information. The Ross Sheppard school community is thankful for everyone's work to make the evening a success, especially their Inclusive Learning department, and look forward to making the event an annual one.

### **CAREER & TECHNOLOGY STUDIES**

#### **Fashion Studies**

Our Fashions class is a flurry of activity! Students in Fashions 10 have just finished sewing fundamentals, with projects including pajama shorts and stuffed animals. They are now enjoying fashion illustration. In March, students will learn to repair clothes and recycle old clothes into something new.





Fashions 20 and 30 students made custom skirts and pants from patterns they designed. They are now moving on to different projects that include hoodies, sweatshirts, costumes and grad dresses. Our Fashions lab received some new industrial sewing machines that are making it easy for students to sew big projects very quickly!

#### Foods

A new term means a new batch of students are enjoying Shep's kitchens! Foods 10 students completed safety and sanitation - a great introduction to the course. Particularly popular were quick pizza and mini cheesecake recipes. Foods 10 classes really enjoyed tasting the pretzels for our Open House event. They recently started the baking unit and will be making cupcakes, muffins and other tasty baked goods!

Foods 20 classes just finished the milk and eggs unit, which had a few new recipe additions this year! One hands-on lab that was a lot of fun involved students making their own mozzarella cheese. Currently, they are studying meat cookery, starting with a choice of hamburger chop suey or Jamaican beef patties. Students will have the fantastic opportunity to try various meat recipes from all over the globe before moving onto the nutrition unit in March.







In Foods 30, students are gearing up for the Cake Boss Challenge which is fast approaching! Many Foods 30 students assisted with Open House and visitors were raving about the pretzel bites they made!

#### **Esthetics**

Ross Sheppard is now an Academy Partner with The Lash Shop and Esthetics 30 students are currently working on getting certified in Classic Lash Extensions. This will allow them to start working in the industry immediately after graduation. We also have a partnership with the Institute of Nail Technology, enabling students to fast-track their Acrylic Nail Certification. Mrs. Sir is very excited about these accomplishments!



## ATHLETICS

All four of our Basketball teams had seasons to be proud of, as they continued to improve and show tremendous growth. Our teams took part in several out-of-town tournaments. The Junior Boys competed in Calgary, the Senior Boys competed in the Sugar Bowl in Raymond, and both our Senior Boys and Girls played in the Kelowna's Western Tournament.

Cheer has been working tirelessly, as the athletes and coaches have been putting in countless hours since September. Over the past several weekends, they competed in Calgary and Morinville, and had one of their best performances of the year at cities. They just missed the podium and are now waiting to see if they qualify for a wildcard birth to provincials.

Wrestling had another successful season, with 17 athletes traveling down to Lethbridge for provincials. These spots were earned at cities, where our girl's team finished third and the boy's team was highlighted by Jaden Parr capturing gold.

Outdoor Track season is right around the corner and was kickstarted by a very impressive performance at the Indoor Games. A couple highlights were from our girl's team, as they won bronze in the 8 X 200 metre relay, while our boy's team won gold in the 8 X 200 metre relay.

Currently, Badminton and Handball are just getting underway, with Soccer, Rugby, and Track and Field working hard to prepare for their upcoming season.

Well done T-Birds and many thanks to all of the coaches, teachers and parents involved with the teams!

### SPORTS PERFORMANCE



At Ross Sheppard High School, Sports Performance is a crucial component of Physical Education. Students have the opportunity to learn about the benefits of lifelong training and safe Olympic lifting practices. Olympic lifts taught in the Sports Performance program include the clean and jerk, and the snatch. Students develop the necessary strength and power for a variety of sports and activities by being exposed to these lifts, and learning from our excellent strength and conditioning coach, Alex Tonsi.

We stress the value of lifelong training to assist students in realizing that the maintenance of physical health requires a long-term commitment. It's important to consider how you care for your body outside of the gym, in addition to what you do inside the gym. Including healthy practices like consistent exercise and the consumption of a balanced diet are encouraged.

The performance center at Ross Sheppard High School is fully equipped, providing students the tools they need for a productive and safe workout. The fifteen professional platforms ensure students have the means to study and perfect their lifting techniques in a safe and welcoming environment.

### PHYSICAL EDUCATION

At Ross Sheppard High School, we take pleasure in providing students with various activities which encourage them to be physically active for life. Offering students the chance to bowl at Plaza Bowling makes us happy. Plaza Bowling has been a fixture of the community since 1959, and now provides glow bowling and a great family-friendly sound system. The unique vintage atmosphere, along with friendly staff, make Plaza Bowling a great place to visit with friends and family. In Physical Education classes at Ross Sheppard High School, students are exposed to novel experiences and new activities including bowling, curling, squash and rock climbing. Our welcoming, alternative settings encourage students to learn new sports that can be practiced for a lifetime in support of general wellness!

### SPORTS MEDICINE

Semester two is off to a great start and it is nice to see so many students interested, and dedicated to, the topic of Sports Medicine. Sports Medicine 15 students started the year off creating health awareness videos on various hygiene topics and are currently learning about the anatomy of the human body. Sports Medicine 25 students perfected their taping skills, became certified in Standard First Aid and CPR-C, and volunteered at our Junior High Feeder Basketball tournaments. Sports Medicine 35 students are acting as student therapists, assigned to different Shep sports teams that are either currently in progress or beginning shortly. In addition, they are working independently on various assignments and diving deeper into many aspects of Sports Medicine. They have been great mentors to the Sports Medicine 25 students!

### LEADERSHIP

Leadership has had a busy start to semester two! We kicked off the semester with our Valentine's Day Dance celebration - Shep's first school dance in quite a few years. All students received handwritten valentines made by the Leadership students.



Following Valentine's Day, we held our annual Shep's Got Talent which

was run by Leadership 35 students. The Shep community had the opportunity to showcase their talent and unique skills to the whole school. From; singers to dancers, to Chinese Yo-Yo, to bands, the talent show had it all! A huge thank you to all our performers!

Finally, we had School Spirit Week! Students dressed up all week in an attempt to win a pair of AirPods! Our second Shep Rally of the year was held to celebrate the school community!



Some of our Leadership students got to experience the ballet *Giselle*, thanks to an anonymous donor. They were very grateful for the opportunity of such a unique experience!

Our school's 24-hour Bikeathon is back! Bikeathon 2023: Totally Tubular will be held on April 27<sup>th</sup>. We will be fundraising for The Rainbow Society of Alberta which grants wishes for Albertan children with severe chronic medical illnesses and life-threatening conditions. Our goal

is to beat Shep's previous fundraising record of \$63,000. With your participation, we can fundraise even more!

No matter the event, Leadership students are incredibly dedicated to fostering the WE ARE SHEP spirit!



### INTERNATIONAL BACCALAUREATE

We were thrilled to host our first in-person IB Information Night since 2020 on February 28<sup>th</sup> for prospective students. We estimate the turnout was around 450-500 people! With over 40 student, staff and alumni volunteers at the event, Shep is proud of how well we showcased our program.



In addition, we offered virtual sessions for current Grade 10 and 11 students and their parent(s)/ guardian(s) to help them transition into next year. If you missed your session or would like more information, you can find the slideshows, videos and more information available on our IB website: <u>https://rosssheppard.epsb.ca/academics/ib/</u>

Theory of Knowledge (TOK), an IB subject where we learn about truth and how we know what we know, has been full of amazing guest speakers. In TOK 35, we've had scintillating presentations from Mr. Piotrkowski about Knowledge and the Natural Sciences, Mr. Lund about Knowledge and the Arts, Mr. Johnston about Knowledge and History, and Mr. Klassen about Knowledge and Mathematics. In TOK 25, Mr. So and Ms. Li-Mitra helped our students to better understand Knowledge and Language. The Edmonton 2 Spirit Society also presented to our TOK 25 students around Knowledge and Indigenous Societies.

Our Grade 12 IB students have finished many of their IB assessments for the year, with only a few remaining Internal Assessments (IAs) to go. Congratulations on the completed work you've done so far, including your TOK Essays, Extended Essays, English Higher Level Papers and many IAs! Coming up in May are IB Exams. Please ensure that you've reviewed the <u>IB Exam Schedule</u>. Ms. Gross will be hosting an information session for exams soon.

While rewarding, IB is a challenging program. If any students are looking for extra support or a chat about their classes or programming, Ms. Gross is available in her office (room 2100) or next door in room 2102. She can be reached via email at <u>jennifer.gross@epsb.ca</u>.

### **STUDENT SERVICES**

Counsellors have been busy visiting all of our feeder schools in the Ross Sheppard Catchment to speak to Grade 9s about the wonderful opportunities that exist in our school for their high school journey. Our feeder schools include: Britannia, Crestwood, Elizabeth Finch, Hilwie Hamdon, Kensington, Laurier Heights, Parkview, Westminster and Westmount. Remember to pre-enrol your child for their next year's school through SchoolZone by April 14<sup>th</sup> using your parent login and the "Next Year" tab. We are so excited to meet our future T-Birds during course selection from the end of March until the second week of April. Please check SchoolZone or contact your school office for specific dates.

For current Grade 10 and 11 Shep students, course selections will take place in early April. If planning assistance is needed, appointments can be made with one of our counsellors.

Post-secondary visits have included one-on-one sessions with the U of A and MacEwan, as well as presentations from students in the U of A's Faculty of Neuroscience and Medicine. Valuable scholarship information can be accessed through the following link: <u>Scholarship Google Classroom</u> *Code: dikq6c6* 

### CONNECT HUB

The Connect Hub has continued to be a bustling place! Students are working hard in their semester 2 module-based courses taken through LearnWrite and offered in-house. Many Ross Sheppard students are capitalizing on access to regular, free tutors to study for exams and complete homework in the Connect Hub. Please check out our tutoring schedule below! Great job T-Birds!



As semester 1 came to a close, we celebrated the 294 students that completed courses through modules. Our team is very proud to work with such amazing students every day! The first semester's team included Ms. Filan (English), Ms. McAthey (Math) and Mr. Smith (Social), in addition to Mr. Dunkley and Ms. Degenhardt. These teachers supported students in their subject areas and worked to develop online in-house course materials.

The Connect Hub team is honoured to work with Ms. Perry, Indigenous Leadership students and all students in kikinaw. Our rooms are attached and tutoring support flows between our spaces. We are a family and we grow from our interactions and experiences each day.

Staff working in the Connect Hub for semester 2 include Mr. Dunkley, Ms. Degenhardt, Ms. Perry (in kikinaw), Ms. Jacobsen (mornings), Ms. Marina Marshall (Indigenous Studies and Social - Block 1), Ms. Filan (English - Block 1, Day B), Ms. Gallivan (Math - Block 3, Day A), Mr. Smith (Social - Block 4, Day B), Mr. Flannigan (all subjects - Block 4). We are also grateful for daily tutoring support from our two educational assistants, Mr. Vasquez (every morning from 8:30 - 8:55 AM) and Ms. Tharuna Woosaree (every afternoon from 3:00 - 3:45 PM). Other tutors listed in the schedule are volunteers from the University of Alberta.

We look forward to continuing to support Shep students in the Connect Hub! Everyone is welcome to drop by for a cup of hot chocolate or coffee (just bring your own mug!), a help session with a tutor and many friendly smiles! You brighten our day!



Science and Math tutor, Mr. Johnston



After-school homework with tutors!



Feeling right at home in the Hub!

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Monday	Tuesday	Wednesday	Thursday	Friday
8:30-9:00 AM <b>Mr. Vasquez</b> Math	8:30-9:00 AM <b>Mr. Vasquez</b> Math	8:30-9:00 AM <b>Mr. Vasquez</b> Math	8:30-9:00 AM <b>Mr. Vasquez</b> Math	8:30-9:00 AM <b>Mr. Vasquez</b> Math
3:00-4:00 PM <b>Nada</b> Eng, Soc, Arabic	9:30 AM-1:00 PM <b>Liam</b> Physics, Math	3:00-4:00 PM <b>Nada</b> Eng, Soc, Arabic	9:30 AM -1:00 PM Liam Physics, Math	12:30-3:00 PM <b>Tehani</b> All subjects
3:00-4:00 PM <b>Mr. Hrycyk</b> Math	3:00-4:00 PM <b>Mr. Hrycyk</b> Math	3:00-3:45 PM <b>Mrs. T</b> Math	3:00-4:00 PM Mr. Johnston Sciences	2:00- 3:00 PM <b>Kirsten</b> Eng, Soc, Indigenous Studies
3:00-3:45 PM <b>Mrs. T</b> Math	3:00-4:00 PM <b>Mr. Johnston</b> Sciences		3:00-3:45 PM <b>Mrs. T</b> Math	3:00-3:45 PM <b>Mrs. T</b> Math
	3:00-3:45 PM <b>Mrs. T</b> Math			

### KIKINAW

It has been a semester filled with activities, planning and cultural offerings in kikinaw. Indigenous recruiters from the University of Alberta and representatives of First Peoples' House held an information session in December offering information on programming and student life on campus. It was a full house and many students had the opportunity to ask questions about the Transitional Year Program (TYP), the registration process and scholarship opportunities.



#### Leadership Winter Feast and Potluck in Kikinaw

Students participated in a spirit week in kikinaw during the last week of December. They came together to enjoy a potluck and Mr. Stanley presented them with new leadership swag. Leadership students intend to make this an annual event.



New swag for Indigenous Leadership students planned by the team, designed by Nevaeh Flett-Cardinal



#### Leadership Students Giving Back to our Community

This Christmas, Leadership students collected special gifts and created personalized cards and gifts for Elders Lodge. "The Indigenous leaders from your school are amazing. It is so refreshing to see youth getting involved, and sharing their spirits and enthusiasm with everyone. Cheers from staff and residents!".





Leadership students volunteered their time at the U of A First Peoples' House Round Dance on January 28th. We are so proud of their hard work and determination!



### **KIKINAW - CONTINUED**



#### Ways Of Knowing Summit: Student Voice

Indigenous Leadership students attended their second Ways Of Knowing Summit at the Bennett Centre in March. Julia Dalman began the day with a personal land acknowledgment and a discussion of the 13 moons. We smudged and had lessons around smudging with cultural Liaison, Lyle Tootoosis, followed by roundtable reintroductions, which allowed us to grow more comfortable and connected with each other. After, we were offered beautiful cultural lessons and stories about Wâhkôhtowin. One of the speakers, Dalen Cardinal, talked about her experience with the star blanket and offered further lessons about it. After the presentation, we began our first activity that revolved around our star blanket talk. That activity included students creating their own individual section of a star blanket. On little pieces of paper, we identified a burning issue we wanted to work on, along with the first step we would have to take in order to resolve that issue. We discussed, "What would we like to see as change in our schools?" Eva Desjarlais and Emerson Piche presented their installation: Overhearing The Unheard, which they created during their trip to Montreal, offered an inspirational message to take risks and share the power of our voice. We enjoyed lunch from Edmonton Eats: a stew, a meatball and cucumber stick, and raspberry dessert. It was delicious. We continued the summit with cultural offerings. Grass Dancer, Colin Rain, told an impactful story about what dancing means to him and his journey. For many students, it was a first opportunity to learn about the history of the dance and lessons that could be learned from it, as well as the challenges he faced and overcame. Colin Rain danced for us, and Lyle Tootoosis, Kial Stanley and "Uncle" Al Crawford sang, and played the big drum. "It was really powerful and one of the most powerful offerings of the day." After the performance, we closed the summit with a sharing circle, where we gave thanks and shared one thing we liked best about the day's experience. "I've got to say, I truly appreciate the cultural offerings and messages of this summit, because I love hearing everyone's stories and becoming closer together as a family-kinship." - Leadership Student, Shanelle Hogger



#### Leadership Presents to the Grad Assembly!

The Grad Committee is hard at work planning for our Honour Ceremony on Thursday, June 8<sup>th</sup>. Keep tuned to <u>shepgrad.ca</u> under the tab "Honouring Ceremony" for updates. Grads may also access our grad Google Classroom for information.



### SPRING BREAK TRIP

How exciting to have our first international school trip in a few years, with Mr. So, Mrs. Hernandez and Ms. Marshall taking 35 students to France and Spain for an experience of a lifetime!

The trip began with a tour of Paris via chartered bus, followed by a visit on foot to some of Paris' famous sites including La Tour Eiffel, L'Arc de Triomphe, the Louvre and the Eiffel Tower! Everyone had incredible fun sightseeing and capping off the day with a cruise on the Seine River. Students adjusted well to Parisian life, and had the opportunity to experience Bordeaux, a different side of French living, the next day.



Transitioning from France to Spain, students survived

an evening without Wi-Fi and visited San Sebastian. They got the chance to try some pinchos (tapas) and take in a tour of Pamplona, known for the Running of the Bulls.

The second last day of the trip began with a tour of Barcelona, where students saw the Olympic Stadium for the 1992 Summer Olympics, as well as Park Güell and the Sagrada Familia. Mr. So mentioned that he didn't know how to feel about the fact that the students now refer to 1992 as the late 1900s!

In the final stretch, everyone further explored Barcelona and shopped. Trying to balance the excitement of Gaudi architecture and shopping is quite the feat with high school students! The last day included an afternoon excursion to Montserrat.

### SCHOOL COUNCIL

The Ross Sheppard School Council invites and encourages all parents of Ross Sheppard students to attend our monthly meetings, held on the third Wednesday of each month. Our meetings are an opportunity for parents to meet and advise the Ross Sheppard administrative team, as well as for parents to become familiar with programs, staff, resources, and events at our school. All meetings are held at 6:30 pm. If you have any questions, please email <u>rsschoolcouncil@gmail.com</u>.

### STAY CONNECTED

