# ROSS SHEPPARD HIGH SCHOOL

# T-BIRD TIMES



## **S**EDMONTON PUBLIC SCHOOLS

**Superintendent: Darrel Robertson** 

**Assistant** Superintendent: Ron MacNeil

**School Trustee:** Marcia Hole



Rick Stanley **PRINCIPAL** 

# PRINCIPAL'S MESSAGE

"I've learned

that people will

forget what you

said, people will

forget what you

did, but people

how you made

them feel."

Maya Angelou

will never forget

Greetings Ross Sheppard High School community. As we mow down this school year and move past the halfway point, we find ourselves trying to keep pace with everything that surrounds us inside and outside the school. Grade 12 students embark on their final chapter of high school, Grade 11's see themselves at the halfway point of high school and Grade 10's now have finished their first semester of

high school. Lots of accomplishments when

looking at the big picture.

Here is a really powerful quote by Maya Angelou who is a civil rights activist and a famous American poet. I felt that this is a great model for everyone in society to emulate as best they can.

COVID-19 is still with us at this time, but it certainly has a different flair than when I wrote this newsletter submission one year ago. We are anticipating some major announcements moving forward but I have learned one thing through this process - that no quick decisions are needed and the values of community play a major role in our next steps.

As we head into Semester 2, we now look forward to some planning for year-end activities with the focus on graduation. Our Grade 12 students are gearing up for what we hope is a regeneration of what grad looks like to everyone. I feel we have been able to pull off some great activities in the past two years based on the scenario, but we all know it's time to move forward.

An incredible shout out to staff, students and families, as this work we get done daily doesn't come without the collaborative efforts of everyone together. "Teamwork is the dreamwork" is a concept I have learned to focus on and really appreciate because I know how valuable it is to problem solve together. I am only interested in the problems if we take a deeper dive to solve them. Even within the past week, I have been able to connect with parents who have helped me think outside the box on a few things and give me that needed advice from a parent or citizen perspective.

February brings a bit of a recharge and visionary type of thinking, as we start to have conversations about the following school year. The planning phase becomes refreshing, as it's always a discussion about moving forward and tweaking areas that have presented some challenge. What is exciting right now is our new wellness courses that feature a focus on skin care and esthetician lab work. We are also extremely excited about our new Innovation and Entrepreneur course that is aligned with the University of Alberta's Faculty of Business.

One of the best ways to get off to a great start is to reach out to your child's teacher so that they have your updated contact information. Teachers appreciate the opportunity to communicate and they take pride in the fact that they can support students with a team effort as we all work collaboratively.

Spring will be in the air soon and it will allow our staff and students to be outside more often. We look forward to a spring where we know good news is on the horizon. Let's continue the true spirit of "We Are Shep", which most certainly lives in our halls and is practiced by all. Let's not forget the valuable principles that we hold sacred, allowing us to show LeaderShep, MentorShep, RelationShep and ScholarShep. These principles highlight that we are a community working in unison to embrace the challenge with rigour, celebrate success and model the pride, tradition and excellence that truly make our school a wonderful place to be.

At Shep, we take pride in communicating effectively with our families. I want all of our community to know that your voice is important to us and if we can support anything you need please do not hesitate to ask.

Ked Shulf.

# **SOCIAL STUDIES**

This term has been a busy one in Social Studies, as we keep up on our current events, start to get ready for final assessments and wrap up the semester.



In November, Social 20 classes participated in a virtual field trip to the Holocaust Education Symposium. This allowed students to layer their understandings learned in class about the consequences of ultranationalism with real-life accounts of the Holocaust. We were also very fortunate to have the "Stars Without a Heaven – Children in the Holocaust" exhibit from Yad Vashem – The World Holocaust Remembrance Center be displayed in the Learning Commons. Classes walked through the gallery and had an opportunity to talk to volunteers who had first-hand knowledge of the Holocaust. We greatly appreciate being able to have this display with us.

We are looking forward to our Shep delegation attending the virtual University of Alberta High School Model United Nations at the end of February. This group will represent Shep showcasing their diplomatic speech and debate skills over the three-day conference.

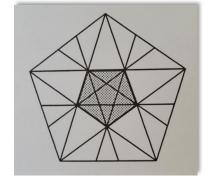


The Social 20IB classes completed their Napoleon unit and put "Napoleon on Trial", debating in a court simulation as to whether Napoleon upheld the ideals of the French Revolution and nationalism in Europe. Students role-played the various leaders, citizens and lawyers ... and of course, Napoleon! There were fabulous costumes, acting and the use of historical knowledge in both classes that resulted in the exile of Napoleon!

# **MATHEMATICS**

Things have been pretty quiet in the Math department, as they normally are during the winter. The math contests and what not really start up for us in the spring. That said, we did participate in a Mathleague contest in the middle of January and there were a few really good questions that everyone should see.

- 1. What is the only value of x that satisfies  $1000^{1000} = 100^{x}$ ?
- **2.** Two balls are chosen at random, without replacement, from a jar containing n balls, some red and the rest green. For how many positive integers, n<2022, will the probability be 1/2 that the chosen balls are different colors?
- 3. Drawing all the diagonals of a regular pentagon creates a second, smaller regular pentagon, shown shaded. If you draw and extend the diagonals of this smaller regular pentagon, every segment you create is one whose length you can determine! If a side of the shaded pentagon is 2, how long is a side of the original (outer) pentagon? (Look really close and you'll see other pentagons inside.)



**Answers: 1.** 1500, **2.** 43, **3.**  $3+\sqrt{5}$ 

# **ENGLISH**

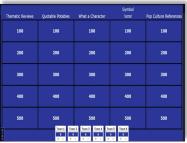
The Ross Sheppard English department celebrates student work this month, as we come to the close of Semester 1. Take a look at just a sampling of the great work happening in our department! Wishing all our students from Semester 1 the best in Semester 2!

One-pager group assignments based on Wislawa Szymborska's poetry to highlight the poet's stylistic choices as well as IB Concepts, Areas of Exploration and Global Issues. Students used images as well to convey meaning. Great teamwork and creativity!
- English 20IBs Cannon and Sordo

Students in Johansson's English 20-1 enjoyed ending the unit with creative projects including this student made Crucible Jeopardy. Other notable projects included art pieces, recreations of Clue and Chess, crafting of original board games, and recreations of Salem on Minecraft!

TONE





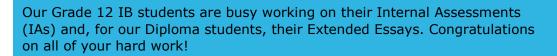


Mrs. Charpentier's 10-1 classes competed in the annual Romeo and Juliet Team Challenge. Congratulations to Team Benvolio in Block 3 and Team Romeo in Block 4!

# INTERNATIONAL BACCALAUREATE

Once again, the Ross Sheppard IB Information Night goes virtual! IB Night will be broadcast as a Google Meet. If you know any prospective students looking at Shep's IB program, lead them to <a href="mailto:meet.google.com/med-ddbb-wnh">meet.google.com/med-ddbb-wnh</a> at 6:30 p.m. on Thursday, February 17<sup>th</sup>.

For Grade 10 and 11 students with questions about moving forward in IB, keep your eyes peeled for our transition information nights. Dates coming soon!



Theory of Knowledge (TOK), an IB subject where we learn about truth and how we know what we know, has been full of amazing guest speakers. In TOK 35, we've had scintillating presentations from Mr. Piotrkowski about Knowledge and the Natural Sciences, Mr. Lund about Knowledge and the Arts, Mr. Johnston about Knowledge and History, and Mr. Klassen about Knowledge





and Mathematics. In TOK 25, Ms. Good and Ms. Li helped our students to better understand Knowledge and Language. Next up for TOK 25 are virtual presentations from Knowledge Keeper George Desjarlais and the Edmonton 2 Spirit Society to help us better understand Knowledge and Indigenous Societies.

While rewarding, IB is a challenging program. If any students are looking for extra support or a chat about their classes or programming, Ms. Gross is available in her office at 2100 or next door in room 2102, or you can email her at <a href="mailto:jennifer.gross@epsb.ca">jennifer.gross@epsb.ca</a>.

# GLOBAL LANGUAGES

#### Chinese Language and Culture

Our Chinese Traditional Dance team and Lion Dancers are participating in the Kingsway Mall Chinese New Year virtual celebration on January 29<sup>th</sup>. The event is hosted by the Chinese Graduates Association of Alberta (CGAA) and the Edmonton Chinese Bilingual Education Association (CBEA).









# **KNOWLEDGE & EMPLOYABILITY PROGRAM**

Our Knowledge and Employability students are starting an exciting opportunity for Work Experience credits during school hours. Students will be working with Mr. Youngs and Mr. Palmer to choose work experience opportunities around the school on a scheduled and regular basis that allows them to complete their required hours. Along with our Work Experience 15 class, students will be working in areas that appeal to them with their career goals in mind. Students will be focusing on job readiness and interview preparation as well. This is a very exciting opportunity for our students and school! Thank you to Mr. Youngs and Mr. Palmer for all their support with this initiative.

# ENGLISH LANGUAGE LEARNERS

This past semester, we have welcomed 30 new Canadians to Ross Sheppard High School! Students have arrived from Eritrea, Ethiopia, Afghanistan, Iraq, and Syria. We are thrilled to welcome these students to Canada and know that their amazing ELL teachers including Ms. Nawata, Ms. Marshall, Mr. Finlay, Ms. Geres, Ms. Green, Ms. Linda and Mr. Vasquez will help them learn and excel here at Ross Sheppard.



People and Communities in Action wwww.a4hc.ca





As our classes are growing, we are thrilled to have Action for Healthy Communities joining us for an entire afternoon of activities and programs for our ELL students. Before the holiday break, AHC brought in the supplies for Crankpots, and students were able to design and paint a plate for their family. The plates were taken back to Crankpots to be fired and cured so students could use them.

As well, with our growing numbers of students, we have been very fortunate to add a Leadership 15 and Esthetics 15 class for our Inclusive and ELL programs.

We cannot wait to see what the second semester will bring for our growing program and fantastic students!

# **INCLUSIVE LEARNING - CLS**

January 2022 has passed by quickly and was definitely action packed. Our virtual field trips took us on the 1881 School House Tour and a visit to Grandma's Place. We found ourselves in the Drama room one afternoon where we discovered how talented some of our students were. Definitely going to head back there again soon. Pictured to the right is one of the art projects that students completed. They also did their own northern lights interpretation and some beading work. CLS students enjoyed a few visits to the Fitness Centre and the wrestling room. We baked delicious banana muffins in Food Studies. We are pleased to have signed up the students for Mathletics where they will be able to work on math curriculum at differentiated levels.



## **INCLUSIVE LEARNING - INTERACTIONS**

This semester, our Inclusive program is teaming up with the Centre for Autism to run a weekly training session for students with ASD. The Employment Works Program will have 9 students from Interactions, CLS and the K&E programs that will work for one hour each week on job preparation, readiness and employability skills, specific to students with ASD. This is a fabulous opportunity for our students as they prepare to leave high school and become employable. Thank you to Mr. Youngs, Mr. Searle and Mr. Palmer for setting up this program and giving our students such valuable life skills.







# **ATHLETICS**

Athletics is in a busy season. With Wrestling, Basketball, Indoor Soccer, Cheer and Curling continuing their seasons over the Christmas break, teams are preparing for playoffs.

The Wrestling team is preparing for the City Finals coming up in March. Our Mixed team has participated in a practice with McNally and a meet at Jasper Place.

The Basketball teams are practicing to keep up in an irregular season, with games being rescheduled and teams working around players under quarantine. Their spirits are high and they are looking forward to playoffs!

The Cheer team has been preparing for the True North Cheer and Dance Championships in late February.

The Mixed Curling team is currently in playoffs, winning their play in match against Alexandre-Tache 9-8 and losing to Ainlay in the quarter finals. They still have a chance to make it into the medal round through the backdoor.

The Indoor Soccer team recently beat M.E. Lazerte and will play Scona in their last regular season game. They are in good shape for playoffs.

Check out Metro Athletics for the standings and results of our teams. For media, visit the Shep Athletics Instagram page at <a href="https://www.instagram.com/Shep">www.instagram.com/Shep</a> Athletics.

# PHYSICAL EDUCATION

With the start of a new semester comes the excitement of learning new students' names and getting to know them on a personal level. Classes are bustling with cooperative games, weight lifting, new movements and poses in yoga, as well as lessons about anatomy and injuries in Sports Medicine. There is an excitement in the Physical Education wing of Ross Sheppard High School!

A few changes in our Physical Education programming are upcoming due to alterations in our surrounding landscape. Construction will start on the north side of our school, with the development of the Velodrome and a new Coronation Park. This will push us to be creative in the use of our space, but we are resilient and know that things will be all right.

# **OUTDOOR EDUCATION**

The Outdoor Education class has wrapped up their winter term after plenty of exciting trips and activities throughout the school and the city. The class engaged in a plethora of activities including curling, climbing, photography, fire building and snowman competitions. Our students learned an array of skills for surviving outdoors, and respecting nature and its inhabitants over the previous few months. We wrapped up our year with a snow tubing trip at the Edmonton Ski Club, which, due to some freezing rain, ended up being an ice tubing extravaganza. The students and Mr. Birrell had a blast!











# **CONNECT HUB**

The last few months in the Connect Hub have been an extremely busy and exciting time! Our staff have continued to expand and add many different opportunities for Ross Sheppard students. Semester 2 looks to be even better as the Connect Hub staff tweak, grow and improve the offerings and supports.



As Semester 1 came to an end, we celebrated the 190 students that completed courses through modules. There was a very high success rate, which reflects very well on the dedicated and responsible students in our school. Great job T-Birds!

The first half of the school year also saw Connect Hub staff get involved with the Shep ELL program, Speak Up Shep, our school food program and various other school community initiatives.

Mrs. Degenhardt, Mr. Dunkley, Mrs. Perry and Mrs. Preszcott are ready to work hard to help as many Shep students as possible in the upcoming term. We are also excited to welcome Ms. Woosaree to our team. She will be helping grow our space and teaching capacity by working with math students and leading some specific math courses out of the Connect Hub.

As we get started in the second semester, there are some important dates to make note of. Any students looking to sign up for module based courses this term, should make an appointment with their assistant principal by February 18<sup>th</sup>. One very popular course in "The Hub" is online CALM 20 (also a graduation requirement). We have a limited number of spots left, so please don't hesitate to reach out and contact us.

# KIKINAW (KEY-GEH-NAW) PPa.º

# Celebrating our Métis Culture, History and People! Week of November 15<sup>th</sup>-20<sup>th</sup>

#### Week of Activities

- Introduction to Week: Videos of Who are the Métis Nation and the Métis Anthem, and sharing of resources including videos with teachers.
- Tuesday's offerings by Indigenous Leadership students was Indigenous crafted mixed berry tea made by Mother Earth Essentials. Students helped warm many staff and students while teaching about tea!
- Students enjoyed the opportunity to bead together. Métis beader, Ms Bowman lead the lesson and shared examples of projects and her experiences.
- Laughter and fun filled the gym, as many classes and students learned how to jig. Emcee from Edmonton Métis Traditional Dancers taught about Métis identity, Métis Culture through Dance, the history of Métis Jigging and stories of each dance. Our very own Kiara Goulet supported the workshop, as dancers learned the Broom Dance, Red River Jig, Sash Dance and more!
- Métis dances and music tell us about times of celebration and resistance within the Métis experience in Canada's West. The group shared stories of Métis music and dances to create a better interpretation of the Métis' part in Canada's past.
- Unfortunately, our food trucks at lunch time were canceled, as Edmonton experienced its first winter blizzard.

#### **Workshop Offering**

Tyson Frencheater, from Sunchild First Nation

- Taught history of Men's Fancy Dance and his personal journey as a dancer for 6 years
- Dancing is a healing journey
- Education on regalia
- Dance presentation
- Taught students basic dance movements and footwork for Fancy Dancers, as many students smiled and danced their way into Winter Break
- Enjoyed pizza and community











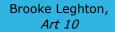






### **FINE ARTS**







Elelry Watzke, Art 10

**Art 10** finished off the term with a unit on color theory and painting. Pictured to the left are a couple examples of their final paintings.

Art 20 has been working on a few different assignments. One was looking at Picasso and translating a painting of his from two-dimensions into a three-dimensional cardboard sculpture. Also from Art 20 was a series of four paintings in which students were required to represent an object in four different ways and expressions.



Aurora Gonzales, Art 20



Poly Redfield, Art 20



Sawyer Hemminger, Art 20

Art 20 IB was exploring how 'chance' occurrences can influence the making of a work of art by creating found poems and drawing on top of the text to layer poetic meaning. Also from this term, the 20IB's studied relief printmaking. Taking inspiration from German expressionist printmakers, students created their own version of expressionist prints.



Cora Ewart, Art 20 IB



Emily Morrison, Art 20 IB



Ainsley Eerkes, Art 20 IB



Lehan Sun, Art 20 IB



Valeria Pasaran Ugarte, Art 20 IB



Mariana Dzenick, Art 20 IB

In **Art 30IB**, students have been developing a portfolio of works which will represent their personal style. Their portfolios will be on exhibition on April 7<sup>th</sup>. Here's a look at a couple of the works that will be on exhibit.





Adyne Abisha Mendoza, Art 30 IB



# DRAMA



#### Improvisation 15/25/35

The Improvisation class is gearing up for two exciting improv competitions; The Canadian Improv Games and the Nosebowl. In preparation for these exciting events, they had the opportunity to work with a guest instructor, Sam Stralak, a professional improviser from Rapid Fire Theatre!

#### Advanced Acting and Technical Theatre

The Advanced Acting and Technical Theatre class had an amazing run of *Radium Girls* by D. W. Gregory in November. The show was live streamed on Fringe TV and reviewed in the Edmonton Journal by the Alberta Youth Theatre Collective. Vanessa George, a student writer from Austin O'Brien High School, had this to say about our production: "The technical aspects of the play and the actors' performances worked in harmony with each other to create a well-rounded show and provide an immersive experience for the audience. The dedication and attention to detail of all the cast and crew did not go unnoticed, and made the play enchanting to watch. Ross Sheppard made *Radium Girls*! Read the full review below!



#### Edmonton Journal Review - Ross Sheppard's Performance of Radium Girls









#### Drama 20/30

The Drama 20/30 class collectively produced seven original one act plays that will soon be recorded to share with family and friends. Despite many challenges with restrictions and illness, these young artists are proving to be extremely resilient and adaptive, as they persevere to tell their beautiful stories and transform them into theatrical presentations.



#### Drama 10

The Drama 10's finished off the term with a fabulous and hilarious production of *Skid Marks: A Play About Driving* by Lindsay Price. The show included short vignettes about driving, as well as the cast singing and dancing to "Drive My Car" by the Beatles. Since we still cannot have live audiences, the show was recorded for the cast and crew to share with their friends and family. Congratulations Drama 10's!

#### **Musical and Technical Theatre**

Auditions are coming up for our spring production of *Urinetown*, a hilarious musical satire of the legal system, capitalism, social irresponsibility, populism, bureaucracy, corporate mismanagement, municipal politics and musical theatre itself! The show opens on May  $11^{\text{th}}$ ! Stay tuned for details!

### **FOOD STUDIES**

In Foods 10, students have been busy cooking! Pictured below are some creations from the class!









**Snickerdoodles** 

Vegan Scones

Meringues

# CAREER PATHWAYS

Ross Sheppard has had a busy year so far, with 120 Work Experience students earning credits and over 20 students applying for the Registered Apprenticeship Program (RAP). Eight students will start their apprenticeships at the start of Semester 2 in plumbing, HVAC, heavy equipment, electrical and carpentry trades.

We would like to congratulate Bennette as the EPSB Division Career and Life Pathways Award recipient. Bennette is a newcomer to Canada who excelled in and out of the classroom. He was a hard-working student who achieved good marks in all his classes and excelled in the Registered Apprenticeship Program at Ross Sheppard. He was a sheet metal apprentice with Arpi's North and a diligent worker who was respected by his supervisors and coworkers alike. Bennette was awarded 100% in both his sheet metal courses, and worked part-time in the morning to continue his apprenticeship and attended classes in the afternoon. Bennette has taken full advantage of what Edmonton Public Schools has to offer.



#### Virtual Career Day

On February 18<sup>th</sup>, the Division is hosting a virtual Career Day. There will be information promoting this event in the announcements. On February 4<sup>th</sup>, students and staff will be able to preview sessions and pre-recorded sessions will be available. The live session links will be active on February 18<sup>th</sup>. Students wanting to access this event during class time need to register with Mr. Youngs in the Career Pathways Office. Mr. Youngs will then be able to track attendance and provide technology if needed.

### SCHOOL COUNCIL

The Ross Sheppard School Council invites and encourages all parents of Ross Sheppard students to attend our monthly meetings, held on the third Wednesday of each month. Our meetings are an opportunity for parents to meet and advise the Ross Sheppard administrative team, as well as for parents to become familiar with programs, staff, resources, and events at our school. All meetings are held at 6:30 PM via Google Meet. If you have any questions, or to send us your consent to contact form so that you get timely information from School Council, please e-mail <a href="mailto:rsschoolcouncil@gmail.com">rsschoolcouncil@gmail.com</a>.

# STUDENT SERVICES

#### **Post Secondary Visits**

We have several post secondaries visiting Ross Sheppard in the main foyer over the next couple of weeks, so if you would like to stay up-to-date, please access the QR code pictured! This is a great way to find answers about program requirements, competitive admission and the exciting educational opportunities students can access after their high school journey.



#### New Enrolment at Ross Sheppard

It's enrolment time! If you know of anyone who is looking to enrol at Ross Sheppard, we have several important dates to consider.

February 1 <sup>st</sup>	New student registration begins for those students new to the Division.
March 8 <sup>th</sup>	Pre-enrolment opens in SchoolZone for those EPSB students who want to choose their preferred school for next year on their parent SchoolZone account.
April 14 <sup>th</sup>	Pre-enrolment closes at 4:00 p.m. This is the last day for current Division students and new to Division students to select their child's preferred school for next year.
April 26 <sup>nd</sup>	This is the deadline for schools who are conducting a random selection to notify students if they have or have not been accepted.

#### Mental Health Resources for Youth and Caregivers

It is estimated that 10-20% of Canadian youth are affected by mental illness or disorder. Students and youth have also faced almost two years of unprecedented challenges and uncertainty. Due to the pandemic, it is more important to make mental health a priority for our youth.

Distress Line: 780-482-HELP (4357)

Kids Help Phone: 1-800-668-6868 Text: 686868 Access 24/7: 780-424-2424 (18 and older)

Access Open Minds: 780-415-0048 Northgate Health Centre: 780-342-2701

Youthspace Text: 780-783-0177

#### Shep Counsellors:

gina.chan@epsb.ca
scott.nytchay@epsb.ca
christine.mcqowan@epsb.ca

# **SCHOOLZONE**

#### Logging into SchoolZone

To login to SchoolZone, you must supply a valid UserID and password. Should you or your child require either one of these credentials, please contact the school at 780-448-5000 or email us at <a href="mailto:rsheppard@epsb.ca">rsheppard@epsb.ca</a>.



#### Viewing Interim Marks & Progress Reports

In SchoolZone you are able to view Achievement reports including Interim Marks and Progress Reports.

- Interim Marks are uploaded monthly.
- Progress Reports are uploaded at the end of each semester.

Achievement reports can be viewed by following the steps outlined below:

- Select the Student Profile menu option.
- Select Achievement from the dropdown list to view the report options.
- Select the report you wish to view.



# HOLIDAY HAMPER PROGRAM

This year provided an exciting endeavor for our school. With the guidance of Mallory Sir, Kirsten Movold and Jordan Tran, we began the Ross Sheppard Holiday Hamper Program.

Through the generosity of our amazing parents, community and staff, we were able to raise \$6675 to put towards holiday hampers to support in need Ross Sheppard students and their families. We identified 26 families, and the Sherwood Park Superstore assembled our order of non-perishable items and gift cards with a wonderful surprise of a \$600 discount! This allowed us to allocate more money towards each hamper. Each family received a hamper valued at \$275.

On December 4<sup>th</sup>, our amazing staff volunteered to deliver the hampers to our most deserving families. The responses were heartwarming and the families were incredibly grateful.

We would like to thank our Ross Sheppard community for the generosity and love we received for this very important campaign. Moving forward, we are excited to make this a Ross Sheppard tradition.





# STAY CONNECTED

