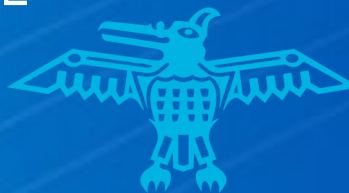


T-BIRD TIMES


 EDMONTON
PUBLIC SCHOOLS

Superintendent:
Darrel Robertson

**Assistant
Superintendent:**
Ron MacNeil

School Trustee:
Marcia Hole

PRINCIPAL'S MESSAGE

Greetings, Ross Sheppard High School community! We are ready to wrap up the year and say farewell after a year of continually changing times. What I appreciate the most is the incredibly heartfelt solidarity of the staff, students and community this year. As the year unfolded, we started to regenerate and reclaim our normalcy with a very busy April through to June 2022. During our regeneration phase, minor issues would present themselves as they became brand new for many. We always strive to be masters at problem-solving, and sometimes we don't get it 100% correct, but we know that we most certainly look to improve everything we set forth so that our community understands where our intentions lie. This year was definitely one for the books and something to remember, as we will all have experiences in common that tell a story about building character, establishing resiliency and charting a course for new optimism moving forward.



Congratulations to our Grad executives that encompassed some outstanding efforts from students and staff as Grad 2022 was a pure hit. Leading the charge was: Mr. Ben Oswald; we wish him a huge THANK YOU for all the incredible work! Grad 2022 was back to what we really appreciate, as we had record numbers in attendance for both the commencement and banquet. Mr. Oswald will hand the reins

over to Mr. Buffi next year, but we look forward to another strong committee of staff and students to support.

Those who took part in our Indigenous Honouring Ceremony were treated to a special event. Thank you to Dianne Perry, Ryan Dunkley, Shannon Degenhardt and Larissa Turcotte for their added touches to pull this off. Our Honouring Ceremony was held in our South Gym this year, as we had almost 400 people attend. People gathered outside at mamawatown for pictures and a visit to our reconciliation centre.

June is a transitional month where we look at finalizing one school year, but at the same time, we look to prepare for the following year. 2022 - 2023 will be a great test of getting back to normal from the beginning. We say farewell to our incredible grade 12 students as well as some staff that have served us well this year. In such a large and complex school, there is always transition. On the other side of our farewells will be the welcoming of new staff with another 700 plus grade nine students that will be a part of our culture and help make a splash in our community for new adventures. It's always a sentimental and visionary time of the year with many emotions.

Summer is here and ready to bring us the remedy we all need after a great effort. May and June brought some fun-filled activities, including field trips, Rugbyfest, Multicultural Day, Bike-A-Thon, in-person Grad, IB exams, Assessment Week featuring Diploma Exams valued 10% and many extra-curricular activities to add! Thank you to our staff and students for all the extra-curricular activities and for keeping the fun factor on high all the way down to the stretch. It has been an optimistic time in our community as of late, as we know we are going in the right direction. We hope to take these transitional accomplishments and better prepare for the next school year.



I want to thank the Ross Sheppard community for another great year. As I finish my second-year principalship at Ross Sheppard High School, I am filled with gratitude for the community's support and want everyone to know that there isn't a day that goes by where I do not appreciate the opportunity to serve our community and really embrace this incredible journey. I want to leave you with what has been said by Maya Angelou, "People will forget what you said, people will forget what you did, but people will never forget how you made them feel."

Have a wonderful summer, and on behalf of Ross Sheppard, we wish everyone much good health, happiness and great success.



Rick Stanley
PRINCIPAL

SCIENCE

There have been a lot of exciting things going on in the Science department that we want to share!



Mrs. Littlejohn and her family were hatching duck and turkey eggs and fostering the baby animals before returning them to the farm. She brought this experience into the classroom so her students could learn about fetal development, the hatching process, and growth, care and development of infant animals. Her students, as well as students from our CLS classes, had the opportunity to observe and hold the animals shortly after they hatched.

This semester, Bio 30 IB students had the opportunity to work with DNA samples and perform gel electrophoresis with some of our new equipment to solve an imaginary crime.

In Chemistry, Mr. Buffi taught the students about the chemistry of coffee and used gas laws to design the perfect procedure for making a cup of coffee using a vacuum pot!

Mr Buchynski's Physics 20 class studied relative velocity in two dimensions. Students simulated a boat in a current (the brown paper moves while the car drives). Students then determined the actual velocity of the vehicle.



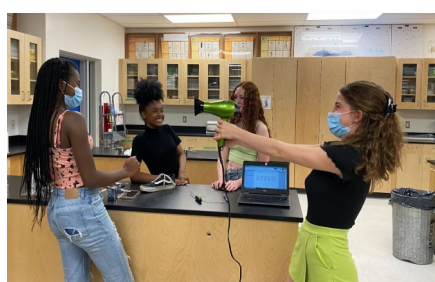
The ELL Science 14/15 learners, led by Ms. Green and Mr. Finlay and supported by Mr. Vasquez and Ms. Linda, ended off the year with an unorthodox final exam that had them doing different activities at different centres to show some of what they learned this year. On the last day of class, students had a party at lunch, and lots of WE ARE SHEP tattoos were handed out to eager students excited to belong to this fantastic school community!

The Forensic Studies classes participate in many hands-on activities and investigations. The students here conducted bone analysis on scientific models of bones, looking for features that identify the sex, ethnicity and age of the person represented by the specimen.



Students had so much fun building a roller coaster out of foam tubing and learning about energy conversions in Science 10. The roller coasters had certain specifications; to have one loop and a hill, and needed to carry a metal marble through an entire ride from the initial energy input given at the start of the track. Students then had to calculate the energy input and output and determine the efficiency of their roller coaster system.

Our Science 10 French Immersion class took advantage of a day of sun and fun with an assignment to develop a method to determine the amount of thermal energy transferred to different substances. Each group had a unique investigation, and their results were discussed later in class.



PHYSICAL EDUCATION



PE 10M with CLS
(Yoga lead by Amy in the
CLS PE Class)

In the Physical Education department, it has been a whirlwind of activity. Just a few highlights from this term: The Phys Ed 10M class and the PE 20/30F class joining together with CLS to participate in Phys Ed together, classes heading out to the driving range with Phys Ed 20 and 30, having Fitset Ninja come into the north gym and take classes through an obstacle course challenging balance and the physical abilities of each student and students playing slo-pitch for the very first time. Many more memories were created throughout the term!

As we continue to juggle our Phys Ed spaces, we strive to give a great experience to all students and hope to see many of the Phys Ed 10 and 20 students back in Phys Ed next year. To those graduating from

Ross Sheppard, good luck in your future endeavours. Once a T-Bird, always a T-Bird!

SPORTS MEDICINE

To finish the semester, students in Sports Medicine 15 dove deep in a topic of interest. They completed their own project proposal and then created the final project. To wrap things up, students learned how to assess and tape different injuries, preparing them to work with our schools athletic teams in Sports Medicine 25.

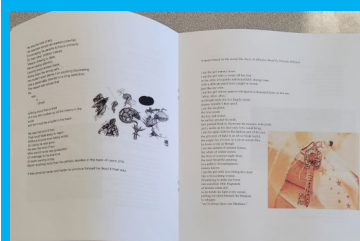
Sports Medicine 25 and 35 students put their anatomy skills to the test by partaking in a Bell Ringer challenge. Throughout the class they had opportunities to work alongside athletes from a variety of Ross Shep teams as they completed practical hours. These practical hours provide students the chance to learn new skills and develop the ones they have previously acquired.



SPORTS PERFORMANCE

As we wind down in Sports Performance, students worked until the end of classes perfecting their lifting techniques and learning how to create a stronger body, increase flexibility, build quickness and explosiveness, using strength training and Olympic weightlifting exercises. On average, students saw a 20 to 35% increase in their lower body strength testing (front squat and deadlift) and an increase of 10 to 20% in their upper body strength testing (bench press and overhead press). These increases in strength contributed to students improving their vertical jump heights by 1.5-3.0 inches on average! Many students will continue to train throughout the summer with Mr. Tonsi to further build their strength and athleticism.

CREATIVE WRITING



As the term came to an end, the students in Creative Writing 15/25/35 submitted pieces to become a part of our anthology. Students contributed poems, short stories and excerpts from novels in progress. On the last day of classes we ate donuts, had our last sharing circle and signed each other's anthologies. It was a wonderful day celebrating all the amazing writing we created and the friends we made!

GLOBAL LANGUAGES

Chinese Language and Culture

Students from the Chinese program had a great year end celebration on June 4th. Over 310 students, teachers, families and friends joined the party. We shared good food, wonderful performances and hilarious games. Everyone had a great time!

Our Lion Dance team performed at the commencement for the first time this year! They received a warm welcome from everyone!



French Immersion

Bonjour tout le monde! Félicitations to all of your French Immersion students who are graduating this year! We are immensely proud of their accomplishments, and especially proud that they are part of the French Immersion program at Shep and at Edmonton Public Schools. We would like to thank all of the parents/guardians who have supported our graduating students throughout their French learning for the last 13 years. We could not have done it without you!

As well, hats off to our grade 10 and 11 students as well who finish off their high school studies for the year. What a whirlwind it has been for the last two years, but exciting times are ahead as we move to continue and rebuild our French culture at Shep with some of our programming taking place again next year. We hope you take the time to relax and recharge this summer. Passez un très bel été et au revoir!

INTERNATIONAL BACCALAUREATE

Congratulations to all of our IB graduates: we had 65 students: including 12 Diploma students in the Class of 2023. This year, you made it through all of your assessments as well as our first full set of May examinations in two years.

Final IB marks will be released on July 6th and can be accessed using your password and pin (emailed to grade 12 IB students earlier this year by Ms. Gross) at <https://candidates.ibo.org>. If you have any questions or concerns about your final IB marks, please contact Ms. Gross.

We celebrated our grade 11 and 12 Diploma students with a May long weekend field trip to Time Escape to solve puzzles in escape rooms, and we also enjoyed some Doughnut Party doughnuts!

To all of our IB students here at Shep, congratulations on the completion of another year! We couldn't be more proud of you! If there are any concerns about transitioning to next year, Ms. Gross's door is open in room 2100/2102, or you can email her at jennifer.gross@epsb.ca.



International Baccalaureate
Diploma Students

FOODS

Foods 10 has been rockin' and rollin' this semester. Full-year Foods 10 has been diving into the wonders of grains, nuts, seeds, pulses and legumes, making recipes such as black bean brownies, energy bars and lentil soup. Semester-based Foods 10 worked through Fruit and Vegetables 2180 with recipes such as fruit pizza, taco salad and pineapple upside down cake.

All Foods 10 classes ended the year with Meal Planning 1040. This course allowed students to take a look at the new Canada Food Guide, analyze their eating habits, chart a plan to become more mindful and put their skills to use to develop meals and snacks that are healthy, varied and economical. Discussions about label reading, the downside of processed foods versus nutritional needs and the increased incidence of disease related to food are a component of this course.



Foods 20 classes experienced making various dough from scratch during our Bread course, including cinnamon buns and perogies. We finished up the year with International Cuisine 2170 that allowed students to explore the history and culture behind food, etiquette, customs and traditions around choice of food, preparation and consumption.



Foods 20
Candy Cane Bread

Foods 30 students participated in a Cake Boss Competition! See some of the winning entries below!



We hope you have had the opportunity to taste some of the creations students either brought home or cooked again from recipes tried in class. We look forward to seeing our Foods 10s in the 20 level, our Foods 20s in the 30 level, and wish all our Foods 30 graduates the best of luck in their chosen paths and the best of health that healthy eating and food preparation can bring!

MUSICAL & TECHNICAL THEATRE

Audiences were dazzled by our first in-person musical in two years, *Urinetown*, music by Mark Hollmann, lyrics by Hollmann and Greg Kotis. *Urinetown* is an absurd satirical comedy about a dystopian society where the citizens have to pay to go pee! The cast and crew embraced this satirical world and captivated audiences who couldn't stop laughing! Bravo to the cast and crew of *Urinetown*! Check out the reviews in the [Edmonton Journal](#) by the Alberta Youth Theatre collective.



DRAMA

Drama 10

The Drama 10's entertained an audience of family and friends with the past paced extravaganza, *The Brothers Grimm Spectaculathon* by Don Zolidas. In it, they performed 209 Brother's Grimm's fairy tales in one hour! It was a high energy hilarious romp to celebrate an amazing semester!



Drama 20/30

Drama 20/30 students completed an exciting playwriting unit with the #writesofpassage program from Workshop West Playwrights' Theatre. Student directors, playwrights, technicians and actors hosted their first in-person audience in two years to showcase four original one act plays for our mini Shep Fest! Currently, they are rehearsing for mini Shep Fest #2 in which they'll direct and perform even more student-written one act plays!



IMPROVISATION

The Improvisation class had an exciting year competing in various competitions such as the Northern Alberta Improv League and the Canadian Improv Games! Next year, they're looking forward to more in-person competitions and the opportunity to entertain live audiences as they embody the WE ARE SHEP attitude! Congrats to the Ross Sheppard Improv Team!



COMMUNITY LEARNING SKILLS PROGRAM

Congratulations to all of our students for a great school year! We welcomed a few new students and are saying farewell to some amazing young people. Congratulations to graduates Amy Reed, Dendrei Regala and Anna Thomas! Watch for the summer mailout with back to school information for the 2022-2023 school year. Have a great summer break!



KNOWLEDGE & EMPLOYABILITY PROGRAM



Old Navy Job Shadowing Program - Second Session

In May, we took 12 students to Manning Town Centre for the Old Navy Job Shadowing Opportunity. In June, we took another 12 students from K&E and ELL to West Edmonton Mall for a second opportunity. Students learned about the retail industry and explored work opportunity interest. Old Navy will be looking at mentoring these students to find work placements in the future and allow the students to build up their resumes. Several of our students were even hired for part-time jobs after this program.

YMCA Partnership for 2022/2023

We have an opportunity for next year to work with the YMCA. A facilitator will be working with the K&E students for one class a week and will stay for one hour afterwards for individual support out of the Connect Hub. The YMCA has a ton of programs and support they can offer our students. This is the start of a wonderful partnership!

INCLUSIVE LEARNING

The Leadership class was extremely busy this semester and finished off their Coffee Cart pilot project. The Coffee Cart wrapped up in June and became a staple for delivering tea, coffee and iced tea to staff and students every Friday. The Coffee Cart took on a life of its own this semester and teachers absolutely loved it! Thank you to Mr. Finlay and his class for taking the time to do this.



Another fantastic addition to the Inclusive classrooms was Game Buddies with the CLS and Interactions classrooms. After an entire semester of Game Buddies, you could see the cohesion and comradery between the students.



BIPOC Girls Club Wrapped Up

Our first ever BIPOC Girls Empowerment club ran this year at Ross Sheppard. Through Actions for Healthy Communities, girls from all backgrounds learned about STEM, health, sciences and empowerment projects. We are hoping to run this club next year and add a BIPOC BOYS Empowerment club. Thank you to Medias and Hanan for coming out when they could make it!



KIKINAW

What a finish for Kikinaw! The last portion of the year was full of work, celebration, ceremony, action, growth and fun. Students experienced a graduation honouring ceremony, a community powwow, field trips and many other rich cultural experiences within our building. We were also enriched with sewing ribbon skirts, beading, dancing and community work. Some students also were involved with and completed the "Ways of Knowing" course. Mrs. Perry is so proud of all the involvement, sharing and work from the students.



STUDENT SERVICES

We are pleased to announce an additional fourth counsellor to Student Services. Welcome Robyn Ferguson, who has been a science teacher at Shep and will complete her practicum for her Master's in Counselling at the University of Alberta next year. She is looking forward to supporting our students in the areas of mental health, educational planning and career counselling.

We have been booking many post secondary presentations for next year to help students on their educational journey beyond high school. Below is a list of some of the events that will take place at Shep in the fall of 2022! Every student is welcome to attend.

- September 26th - University of Alberta (lunch)
- September 29th - University of British Columbia (lunch)
- October 17th - Out of Province Post Secondary Fair (5-7 pm)
- October 19th - Alberta Post Secondary Fair (9-11:30 am)
- November 23rd - Shep's Career Fair (9 am - 12 pm)
- November 29th - University of Calgary (lunch)
- December 2nd - Concordia University of Edmonton (lunch)



CAREER PATHWAYS

The Career Pathways office is centrally located in the Learning Commons and offers students avenues to receive high school credits while working or volunteering in the community. This school year, over 200 students were able to access credits through the many programs offered in the Career Pathways office. We have been very fortunate to work with community partners like Careers the Next Generation, which has helped place students in trades jobs in the Registered Apprenticeship Program (RAP), Information Communication and Technology internship, Summer Health internships and the Indigenous Career Pathways program. Over the course of the 2021/22 school year, 22 students have been assisted with their career journeys while working in Cooperation with Careers the Next Generation and our office. The RAP Program would like to acknowledge Madison Heslinga, a graduating student, who was awarded the 2022 Edmonton Public schools Career and Life Pathways Award for her apprenticeship work as a cook at Earl's Restaurants. The Career Pathways office also offers help with resume writing, job searches and career advice. For all your Career Pathways guidance, please see Mr. Lynagh in the Learning Commons or contact him via email at Mike.Lynagh@epsb.ca.



Connor RAP
Electrician

CONNECT HUB



It has been a very busy, rewarding and full year in the Connect Hub. As we wrap up the year, we have hundreds of students finishing courses through our room in many different forms. All part of the customized education that our space aims to offer our fabulous students! This month has been rich with cultural events, field trips and many students working very hard. Highlights include Multicultural Day, Speak Up Shep student initiatives, our *Connect to Shep* grade 9 visitation, Project Green initiatives, grad and many other activities. The big push down the stretch has been filled with students working very hard to complete their courses in our space. We are very proud of all those students who finished strong and completed what they started. Great job!

Finally, we would like to welcome our two new EPSB Student Senators, who will represent our student body at the district level for the 2022/23 school year. We are very excited to have Anaheeta Appoo and Iiesha Moume as our representatives for next year. Congratulations to two amazing T-Birds. They have big shoes to fill, but we are very confident that they are going to represent Shep and all of our students amazingly. On behalf of all the Connect Hub staff, we would like to wish everyone an amazing summer and best of luck to our graduates. Make us proud!



STAY CONNECTED



- ShepHighSchool
- ShepSUevents
- Shep_Athletics



- @shepfootball
- @shepsmed



- Shepsmed



- Shep Grad 2022 Information
- shepgrad.ca