



Ross Sheppard High School Athletes' Code of Conduct

As a member of a sporting team at Ross Sheppard, I _____, understand that participating in interschool athletics is a privilege that comes with certain responsibilities. By signing this I agree to the Athletes' Code of Conduct.

1. **I commit myself first to excellence in the classroom. This includes maintaining good attendance, arriving on time for all classes with no unexcused lates, and keeping my academic marks at an acceptable level.**
2. **I commit to paying all my school fees. If I cannot, I will talk to the administration to make a payment plan.**
3. I commit to follow the Ross Sheppard code of conduct which includes being **respectful to staff and students.**
4. I commit to attend and give my best effort at all practices and games, and if I cannot, I will communicate with my coach in advance.
5. I commit to represent myself, my team, and my school in a respectful way.
This means **I will respect:**
 - a. **My teammates** - I will encourage them and work with them to develop our skills and team play.
 - b. **My coach(es)** - I understand my coach will use their expertise and judgement to decide what is best for player and team development. If issues arise during the season, I will communicate positively with my coach to resolve them. I understand that playing time will be fair, but not necessarily equal.
 - c. **Opposition teams and players** – I will demonstrate sportsmanship and proper conduct during game play. I will win with humility and lose with grace.
 - d. **The Game** - I will play fair, abiding by the rules and regulations that govern my sport.
 - e. **Officials** – I will accept their judgement and decisions, acknowledging they are trying their best.
 - f. The school buildings, **facilities**, and gyms I play in – I will leave them as good, or better than I found it.

I promise to honour these commitments; if I do not, my privilege to participate may be suspended.

(Student Signature)

(Date)

(Parent Signature)

(Date)